For the first time, in 2012, the Stepping Stones Food Pantry distributed well over 1 million pounds of food. As you can see by the graph below, it was almost a 100% increase from 2011. Why so much more? Mostly due to need.

In 2011, with the move to the new building, Stepping Stones was able to allow pantry clients to come as often as needed rather than only once or twice a month. This is considered a ‘best practice’ for pantries—certainly people are hungry more than once or twice a month! Still, only about 40% of clients are coming twice per month and a small percentage more often. Most clients are able to look to the pantry to supplement the food they’re able to purchase on limited incomes, but the repeat visits do account for a lot of the additional pounds.

Although the economy may be gradually recovering, it will be some time before that ‘trickles down’ to people at lower income levels. In the past two years there has been over a 30% increase in new households using the pantry—people who have never needed to come before. Stepping Stones is also experiencing increased requests for shelter from people who are homeless—many were able to hang on for a time through the economic down-turn but now their resources have been exhausted.

The other primary reason for the increase in lbs. of food distributed is due to what’s called “food rescue.” Three times each week Stepping Stones picks up food at Walmart that is either close to date, needs to be moved out because they have new inventory, or it may be specialty items like pasta in holiday shapes! Stepping Stones is able to distribute this food either the same day or the next. Consequently, we have a much greater selection especially of fresh produce. Other stores that regularly participate in food rescue are Kwik Trip, Marketplace (bakery), Caribou, and Vagabond Bakery. It’s called “food rescue” because it’s food that is still perfectly good but would otherwise end up in a landfill.

Permanent solutions to the problem of hunger involve every thing from public policy to economic recovery to population control. But, in the meantime, providing more food to people at risk of hunger is critical.

Stepping Stones is grateful to be able to address this need in partnership with so many generous people and places in our community. The enclosed insert recognizing gifts and memorials is a strong testament to that!
Saying Goodbye & Best Wishes!

Stepping Stones is sad to say goodbye to two employees—Angélakay Athena who has been the Community Connections Program Coordinator since 2006, and Travis Seehaver, Maintenance & Warehouse Coord. since 2011.

During their time at Stepping Stones Angélakay & Travis got married and they are now the proud parents of Naev Rane Seehaver, born Nov. 29, 2012! In addition to the demands of infant parenting, they are also both doing internships in their graduate program through the UW-Stout Dept. of Vocational Rehabilitation and then looking forward to new career directions.

We wish them all the best and invite you to a Send Off Open House in their honor:

Monday, March 4th, 4 - 6 p.m. at Stepping Stones

Match the Cash

Once again Marketplace Foods is offering hope to people who are hungry by ‘matching the cash’! Throughout the month of February, Marketplace will match donations received at the check-out, and then distribute in-store credit to food pantries in communities with Marketplace stores, matched up to $20,000 total. Last year Stepping Stones received over $17,000 in in-store credit for the food pantry.

Thanks also to Marketplace for offering ‘pantry bags’ for customers to purchase. Stepping Stones recently received four pallets of food that was the equivalent of all the pantry bag donations in 2012.

Hope is important because it can make the present moment less difficult to bear. If we believe that tomorrow will be better, we can bear a hardship today.
- Thich Nhat Hanh

Wish List

For the Stout Road Building
- Snow blower (medium size, 2-stage, min. 7-8 horsepower)
- Grocery bags (cloth, paper, or plastic)
- Space heaters
- Plastic ice cream buckets w/ lids
- Tools (hammer, pliers, screw drivers, etc.)
- Dust Buster

For the Shelter
- Land line phones
- DVD players
- Towels (new or gently used)

For the Shelter & Pantry
- Personal care products
- Diapers, any size
- Eco-friendly cleaning supplies

Mark your calendar for Stepping Stones’ Annual Garden Tour:
Saturday, June 29, 2013
Stepping Stones’ News

Winter Haven Warming Shelter

When the Stepping Stones Shelter is full, the warming shelter is a place for people to go to get out of the cold at night. It is once again being hosted by St. Joseph’s Catholic Church and is open through March. Anyone interested in volunteering should contact Stepping Stones’ Shelter Coordinator, Heidi Hooten: shelter@steppingstonesdc.org, 715.235.2975.

On-Line Giving Now Available

Convenient, on-line giving through credit or debit cards is now an option for anyone wishing to contribute to Stepping Stones. A one-time gift may be made or monthly giving can be set up. Donors can designate to a specific program and note if the gift is in memory or honor of someone and if they would like an acknowledgement sent. Go to www.steppingstonesdc.org and click on the Donate Now link at the bottom of any page.

Project SAM Starts at Wakanda

Project SAM (Share A Meal) provides bags of risk of hunger on the weekends. Bags are contain food for 2 breakfasts and 2 lunches. expanded to Wakanda in January. Almost (3-6 people) are needed to assist with pack-Stones. Contact SAM volunteer coordinator, nshaide@gmail.com.

Welcome to New Board Members & Staff

Welcome to new Stepping Stones’ board members Lora Benrud, CFO at WESTconsin Credit Union, and Dave Williams, retired Vice Chancellor of Advancement at Stout. Thank you and good wishes to out-going board member, Siphiwe Mainjeni. Dave Bergstrand is the new Maintenance & Warehouse Coordinator at Stepping Stones. Dave was previously the Shop Superintendent at the Dunn Co. Highway Dept. and, since his retirement two years’ ago, he’s been a pantry volunteer. Welcome Dave!

Free Health Clinic

UW-Stout Pre-Health students are once again holding a health clinic at Stepping Stones. Services provided include: heart rate & blood pressure checks, body mass index calculation, diabetes screening, and health and nutrition counseling. Services are confidential, free of charge, and open to clients, volunteers, and the general public. Clinic hours, starting Feb. 18th, are: M, Th, F—11 am-1 pm, Tu, W—3-5 pm, Sat—10 am-12 noon.

Stepping Stones’ Discount Cards are Now Half Off—$5 Each!

(cards are good through the end of August)

The Stepping Stones’ Discount Card offers savings at a variety of businesses and restaurants around town.
Stop by the Stepping Stones’ office to purchase the cards or send a note w/ payment in the enclosed envelope. Carry the card with you, and get a discount or special deal at all the places listed to the right (details on the card).

All proceeds support the programs of Stepping Stones.

Thank you to the following businesses offering savings on the Stepping Stones’ Discount Cards

<table>
<thead>
<tr>
<th>Acoustic Café</th>
<th>Lakeview Floral &amp; Gifts</th>
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<tr>
<td>Advance Auto Parts</td>
<td>Legacy Chocolates</td>
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<td>Bee Jay’s Wash-N-Lube</td>
<td>Little Caesars Pizza</td>
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<td>Cancun Mexican Grill</td>
<td>Log Jam</td>
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<td>Cedar Country Coop (Cenex)</td>
<td>Menomonie Family Restaurant</td>
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<td>Denny’s Restaurant</td>
<td>Toppers Pizza</td>
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<td>Exit 45 Restaurant</td>
<td>Zanzibar</td>
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</table>
Saturday, March 2
11:00 am — 2:00 pm
Menomonie Middle School

Beautiful Handmade Pottery & Wood Bowls
Silent Auction
Artwork, jewelry, quilts, afghans & much more!

Tasty Soup & Bread, Drinks & Desserts
$7 meal only
$17 includes bowl
$5 meal only—children under 12
Children 3 and under—FREE

Proceeds benefit Stepping Stones & Menomonie Area Bread for the World

Auction items accepted at Stepping Stones now through Feb. 25th.
Anything valued at $20-$25 or above.

Thank you for your support of Stepping Stones.

Or Current Resident

www.steppingstonesdc.org
info@steppingstonesdc.org
715.235.2920

1602 Stout Road
Menomonie, WI 54751
Gifts & Memorials to Stepping Stones

Since the last newsletter contributions were received in memory of:

Lois Ackerman from Ken & Nancy Schofield
Ray Barlow from Toby & Marian Ellison, Betty & Si Olson
Chris Baty from Charles & Dianne Stratton
Wilfred Bauer from Jim & Mary Ann Bilse
Laura Beguhn from Ted Beguhn
Jeanette Bergstrand from Karl & Kimberly Dicks, Bob & Diane Long, Liz Robinson
Connie Binkowski from Lorelee & Dale Binkowski
Esther Bird from Kathie Metzger
Joel Bjornson from Nancy Bjornson
Walter Bjornson from Nancy Bjornson, Gene & Mary Kunes
Rhonda Blomquist from Jon & Kim Blomquist
Anna Brenner from Kimberly & Karl Dicks
Don Broadwell from Ursula Berger & Bruce Pamerpin, Unitarian Society of Menomonie
John Brunstad from Family & Friends
Steve Butsic from Jane & William Butsic
Alan Carlson from Ellen Carlson
Scot Catto from Laurie Tietz
Challe Family Members from June Grambo
Patricia Tobin Chapman from Sue Ann & Roger Jenrich
Kim Hagen Chellman from Rod & Trudy Smeltzer
Theodore Chronis from Steve Chronis
Linda & Steven Crop from Roy & Dee Crop
Dick Debee from Lois Debee
Tim Debee from Helenmae & Helmer Debee
Dorothy Demig from Debra Cady
Janna Sue Deutscher from John & Barbara Deutscher
Russell & Adeline Dodge from Paul & Lou Ann Gilberts
Mike Donley from Kimberly & Karl Dicks, Gladys Waller
Lloyd “Ike” Eiseth from Family & Friends, Don & Jerene Clements, Betty Eiseth, Alice Evenson, Ronald & Patricia Mikesell, Thad Proudlock, Elizabeth Robinson, Arlene Smeltzer, Gladys Waller, Elaine Weber
Simon Eng from Marvin & Carol Saxton
Ken Ericksen from Jim & Jeanette Daines, Mary Erickson, Ruth & Carlyle Gilbertson, Adrienne Harmston, Faye Neuenfeldt
Charles Frank from Darlene Frank
Evelyn Frank from Francis & Violet Eiseth, Dave & Nancy Ponto
Dick Fruit from Marilyn Fruit
Garfield & Anna Gilberts from Paul & Lou Ann Gilberts
Kara Gilbertson & Mike Gilbertson from Ruth Gilbertson
Virginia Gove from CedarBrook Church Small Group
Helen Govin from Al & Lorayne Baldus, Gladys Waller
Dorothy Gunderson from Lanna Laird
Stephen Gunther from Jane & William Butsic
Terri, Diane, & Joanne Hanson from Vernon & Ruth Hanson

In memory of continued:

Donald Hall from Rose Hall & Family
Marvin Hanson from David & Irma Jean Maves, Lois Sipple
Rochelle Hardy from John & Jean Bates
Steven Hayes from Delores Hayes
Cliff & Shirley Henderson from Patricia & David Reisinger
Marlys & Larry Hintzman from Ann & Dennis Rhead
Willard Hintz from Dunn County Child Support
Lonnie Hintzman from Brenda Kado
John Hitz from Karl & Kimberly Dicks, David & Irma Jean Maves, Dick & Lynn Quilling
Paul Hoffman from Mary Ann Hoffman
Arlene Hopkins from Ed & Lynn Laventure
Alun Howells from Gwyn Howells
Steve Jeatran from Marie & Duane Bauer, Margaret Chastan
George Jimos from Lanna Laird
Ruth Johnson from Mike & Patti Sobolewski
Bernice Klatt from Helmer & Helenmae Debee
Ewald Kohnke & Ron Kohnke from Delores Sperstad
Earl & Ina Kostman from Elene Stainer
Robert Labs from Mary Labs
Willa Lammer from Jeff & Alice Heinen
Eleonora “Ellie” Larson from John & Rexetta Halverson, Eleanor Larson
Selmer & Kathleen Larson from Vernetta Larson
Jill Lewis from Laurie Tietz
Beverly Link from Pat & Dick Bilse, Dick & Lynn Quilling, Lois Sipple
Ann Metzger from Kathie Metzger
Erling Moldenhauer from Luanne Prochnow
Dane Morey from Ruth Morey
Donna Neumann from Kimberly & Karl Dicks, Roger & Anita Klamm
Michael Oliver from Gladys Waller
Phyllis Peizer from David & Irma Jean Maves
Chet Pernsteiner from John & Karlene Pernsteiner
Maxine Peterson from Doug & Chris Stratton
Ruth Peterson from Leslie Peterson, James & Luella Weir
Virginia Peterson from Don & Jean Vasey
Mary Plouff from June Grambo
Jeanne & Harold Polasky from Joan Polasky
Ben Prochnow from David & Irma Jean Maves
Ronald P. Raleigh from Edith Marie Hackbarth
Lloyd & Eva Rogers from Judith & Edward Ristow, Samuel & Lois Wood
Gifts & Memorials to Stepping Stones

In memory of continued:

The Victims of Sandy Hook Elementary from the DeHoff Family
Mrs. A. R. Saumer from Michael Saumer
Betty Schlough from Diane Bowman, Velma Feyen, Craig & Sharon Formoe, Judy Pechmiller, Steve & Kathy Schlough, Lois Sipple
Betty Schofield from Ken & Nancy Schofield
Herb Schultz from Alice Evenson, Dave & Nancy Ponto, Gladys Waller, Barbara Welch
Merle Schultz from Betty & Si Olson, Lois Sipple
Wesley Schultz from Donald & Hazel Hintzman
Paul Schumacher from Barb Schumacher
Ray Score from Karl & Kimberley Dicks, Lanna Laird
Dorothy Sheppard from Adrianne Harmstom, Neil & Marie Koch, Gladys Waller
Nancy Stallsmith from Lois Sipple
Shirley Stewart from Bill & Jennie Stewart
Kari Strand from Betty & Si Olson
James Strand from Lana & Warren Benson
Bob Stratton from Kay & Peter Pershern
Eileen Sykora from Dorothy Lee
Wawa Thorson from Gladys Block
Doc Tiller from Twila Tiller
Dennis “Denver” Timm from Don & Arlys Olson, Jan Timm
Jean Tremble from Margaret Parker
Emily Tye from Kimberley & Karl Dicks
Craig Tuttle from Judith Ann Kistner
Patricia Wagner from James & Mary Ann Bilse
Clarence Walter Jr. from Don & Hazel Hintzman
Mary Weber from Bob & Kitz Cleary
Vicki Weigland from Warren & Marion Lang
Donald Welk from Kay & Donald Lentz, Marvin & Carol Saxton
Rose Wesolek from John Wesolek
Doris White from Si & Betty Olson, Marvin & Carol Saxton, Gladys Waller
George Winter from Dorothy & Richard Sterry
Michelle Wolf from Grace & Roderick Bahr, Gladys Waller, Winnifred Wolf
Bernice Wolterstorff from Gladys Waller
John Wood from Meredith Ingram
Loren Wyss from Kimberley & Karl Dicks, Eleanor Larson

Since the last newsletter contributions were received in honor of:

Gladys Block from Marlin Block
Their Children & Grandchildren from Elmer & Diana Bentz
The over one million US Citizens who suffer from M.E./CFS from Thomas & Lenore Heiman
Nelson Demig from Debra Cady
Stepping Stones Volunteer Drivers from Ardys & David Hake
Francis & Violet Eiseth’s 65th anniversary from Dave & Irma Jean Maves
Linda Ely from Carrie Nelson
Julie Friberg from Kenneth & Margaret Stauss
All her Faithful Friends from Martha Stewart
Marian Ford’s 90th birthday from Gladys Waller
Betty Gesche from O.K. & Bobbie Hedlund
Their 4 Grandchildren from Richard & Geraldine Ernst
Don & Michelle Grible from Lanna Laird
Harold Halfin from Warren & Marion Lang
Brenda Harrison and Ed Biggerstaff from JoAnn Otto
Shirley Hegtvedt from Peggy Terry
Heidi Hooten from Dayle Mandelson
Cheryl Huenink’s retirement from Friends & Colleagues at Dunn Co. Dept. of Human Services
Sam Husby’s 5th birthday from Tamara Borchering, Brian & Caren Husby, Sharon & Brent Husby, Tanya & Michael Husby
Jeff, Lori, Donna, and Families from Lois Debee
Sue & Tom Kilgore from Andrew Kilgore
Dr. Marianne Komro from Mayo Clinic Health System
Dayle Mandelson from Richard Tyson
Sally Mann from Peggy Terry
Tom & Suzanne Mayer from Tim Pease
Michele Meisner from Anne Hagen
Menomonie Teachers from Dave & Karen Williams
Menomonie United Methodist Church Staff from Sallie & Sarah Ward
Carrie Nelson from Linda Ely
Brian & Julie Otto from Jo Ann Otto
Darral & Pamela Otto from Jo Ann Otto
Barb & William Pease from Tim Pease
Les Peterson from James & Luella Weir
Eileen Register’s 80th birthday from Al & Lorayne Baldus, Pat & Orv Gilyard, Lorraine Wilson
Jeanne & Rich Rothaupt from Joan & Wayne Wittman
Carol Stratton from William & Bonnie Dehoff
Ken & Mary Tilleson’s 66th anniversary from Winnifred Wolf
UW Stout Support Staff from Gary & Carol Mooney
Judy & Tom Vaughn’s 50th anniversary from Sandrea Timm
William, Kelley, Brienna, Elisa, & Bill from William & Jacalyn Broughton
Pastor John Wilman from Mildred Timm

Thank you so much to all who chose to honor and remember friends, family, colleagues, and loved ones by gifts to Stepping Stones.

(If we have inadvertently missed anyone, please let us know and we will correct it next time.)
Gifts to Stepping Stones

Since the last newsletter contributions were received from the following businesses and organizations:

- 24-7 Telecom
- Alfalawn Farm
- All States Ag Parts, Inc.
- Betty Beguhn’s Birthday Group
- Bremer Bank
- Cardinal Glass
- Cedar Falls Building Systems, Inc.
- Cedar River Potato Company
- Chippewa Valley Chapter of Thrivent Financial
- Clarence Talen Charitable Trust
- Comforts of Home
- Confidential Records
- Dairy State Bank
- Disabled & Elderly Transportation, Inc.
- Dunn County Behavioral Health Services
- Dunn County Area Retired Educators Association
- Erb Chiropractic
- EZMoney Payday Loans
- Fairchild Law Offices
- Gentle Dental Care
- General Beer
- Great American Homes & Fireplace
- Greater Menomonie Area Young Professionals
- Heritage Builders
- HOM Furniture, Inc.
- Housing Authority of the City of Menomonie Commissioners
- Department of Human Services Management Team
- Interior Arts - Jakober & Associates
- Jackie Hunt Insurance Agency
- Keyes Chevrolet
- KL Engineering Inc.
- Lancer Group
- Leipnitz Dental Clinic, S.C.
- Main St. Health & Fitness
- Mayo Clinic Red Cedar
- Mayo Clinic Red Cedar - Jeans for Charity
- Menomonie Golf Club
- Menomonie Womens Group
- Mills Fleet Farm
- National Mutual Benefit Branch 927
- Pallet Service Corporation
- Palmer HCE
- Preston Chiropractic
- Royal Neighbors of America #3341
- Rural Development
- Senior Center Board of Directors
- Sherlock Studios
- Stout Academic Honor Society
- Tainter Shores & Ridges Book Club

Businesses and organizations continued:

- TOPS 397
- UW-Stout AFM Hall Events
- Vets Plus
- Waznik Moseler
- WCA Group Health Trust
- WESTconsin Credit Union
- Western Wisconsin Energy
- Women of the Moose, Ch. 682

Since the last newsletter contributions were received from the following churches:

- Alliance
- Cedarbrook
- Christ Lutheran
- First Church of the Nazarene
- First Congregational UCC
- First Congregational Women’s Fellowship
- Grace Episcopal
- Hay River Lutheran
- Holy Trinity Lutheran Ladies Guild
- Little Elk Creek Lutheran
- Little Elk Creek Lutheran Women
- Menomonie United Methodist
- Menomonie United Methodist Women
- New Hope Lutheran
- New Hope Lutheran Women
- New Life Lutheran
- Oak Ridge Lutheran Brethren
- Our Savior’s Lutheran
- Our Savior’s Lutheran Women of the ELCA
- PCCW Menomonie St. Joseph
- Peace Lutheran
- Peace Lutheran Women
- Rock Creek Lutheran
- Rock Elm United Methodist Women
- Salem Iron Creek
- Springbrook Lutheran
- St. Joseph’s Parish
- St. Paul’s Lutheran Women
- Tainter United Methodist Women
- Trinity Lutheran
- Unitarian Society of Menomonie
Since the last newsletter contributions were received as Christmas gifts for:

Mary Ellison & Deb Chaulk from Toby & Marian Ellison
Her Children from Barbara Laatsch
Church Staff- pastor, secretary, & custodian from New Hope Lutheran Church W/ELCA
Greg & Mary Garmer and Marlys Garmer from Alice & Robert Connors
Lisa & Brian Gienapp from Toby & Marian Ellison
O.K. & Bobbie Hedlund from William & Julianne Fisher
Easton Kahl from Jerrad Kahl & Angela Moy
Karissa Keck & Family from Robert & Laurie Weisser
Ed & Lynn LaVenture from Florence & Ray Barlow
Yvonne Nelson’s special birthday from June Grambo
John, Scott, Sue & Randy Werner from Robert & Virginia Werner
Zimmerman Family from Kathryn Zimmerman & Steve Richter

Many thanks to the following sponsors who helped provide holiday food to pantry families (such as turkeys & hams):

Primary Sponsor
Menomonie Noon Rotary Club
Walmart

Major Sponsor
Branches Church
Wisconsin Industrial Sand Co.

Partnering Sponsor
3M
Alliance Church
Cardinal FG
Dairy State Bank
Family Video
Gentle Dental Care, LLC
National Turkey Federation
Walmart Distribution Center
Wipfli

Gifts to Stepping Stones

Gifts of Food
Stepping Stones is very grateful to the many individuals, families, churches, businesses and organizations that drop off donations and conduct food drives for the pantry. Unfortunately space prohibits us from listing all these gifts. Nonetheless, they are greatly appreciated! They add diversity to the pantry shelves and allow us to offer products that we might not be able to obtain from other sources.

Thank you one & all!

Books Galore
Special thanks to UW-Stout Campus Ministry who donated over 2,000 books to Stepping Stones in December to be distributed to pantry & shelter clients. Not only did they collect the books—they wrapped each and every one!

“IT'S THE MOST GENEROUS TIME OF THE YEAR…”
Stepping Stones receives almost half of its total annual donations in the month of December. Other funding includes the United Way, federal and state grants, grants from private foundations, and fund-raising events.

Thank you so much to all who helped us reach our year-end appeal challenge, and to the whole community for its generosity to people in need.

Other Gifts
One last (but not least!) word of thanks to all who donated hats, scarves, mittens, quilts, toys, Christmas trees, gas & gift cards, and other in-kind items for pantry & shelter clients over the holidays, and at other times of the year as well.

Disabled & Elderly Transportation, Inc. Gift
DET turned all its business and services over to Dunn County Transit and its board of directors chose to distribute proceeds from their property sale to other local non-profit organizations. Stepping Stones was very pleased to be the recipient of one of these donations and will use the funds to help low income residents of Dunn County meet their transportation needs.

Thank you DET!
This was the phrase printed on t-shirts worn by Elk Mound Alternative Education students for their second annual “Homeless for a Night” event. Thirty-four high school students raised $1,300 in pledges for the Stepping Stones Shelter by agreeing to sleep outside in a box for a night to experience what it’s like to be homeless. How great is that?! Shanna McMullin, Alternative Ed. teacher, said that the biggest thing students learn “is how to help others—many take the time to research statistics which is a real eye opener for them. They learn that it is a tough life! They are very proud of themselves and what they are able to accomplish to give to others.”

From their research this year students learned that many people who are homeless still manage to work full or part-time, that approximately 40% of homeless teens identify as LGBT, and that 40% of homeless men are veterans (as noted on the box pictured below). Also, 12.5 million households are at risk of becoming homeless.

Although Dunn County may not have many homeless people sleeping in boxes we do have some occasionally. Others may be in a tent or their car in order to be less noticeable in a small town. Still others are staying with friends or relatives in overcrowded apartments while they wait for a space at the shelter or try to find and afford housing.

For the past two years people who might otherwise have been out in the cold were able to go to Winter Haven at St. Joseph Church from November through March. Between one to five people stayed at Winter Haven on any given night this year. There were 24 guests total, most staying multiple nights up to several weeks.

We’re very grateful St. Joe’s opened its doors to get this program off the ground. Now that it’s well established Stepping Stones is hoping for a setting that will better meet the needs that have been identified and could also provide additional space for our regular shelter program in the off season.

Zoning did not allow for beds at the church but it was a place where people could come to keep warm when they had no where else to go. In addition to beds, however, privacy, showers, laundry facilities, storage space, and longer hours of operation are also needed. Stepping Stones is currently in conversation with the City Council to understand City ordinances and zoning requirements related to possibly using a house for this purpose.

‘One Person Making a Difference Every Day’ is a good motto for all of us. Stepping Stones Shelter Coordinator Heidi Hooten oversees the Winter Haven program but it was staffed entirely by volunteers. Sixty-six people gave over 2,000 hours of time to ensure there would be two volunteers on hand for two shifts per night.

Dozens more volunteers make a difference at Stepping Stones every day by helping in the food pantry and with other needs. Contributors make a difference as well. Donations enable us to keep all our programs going—the pantry, the shelter, and the Community Connections program which provides support services such as food deliveries to people who are homebound, yard work and small home repairs, and emergency financial assistance as funds are available for needs such as heat, transportation, medical expenses, etc.

Every one person added together makes a world of difference! Thanks to the students for reminding us of this.
You’re invited to the

2013 Stepping Stones’ Garden Tour!

Saturday, June 29th, 9:00 a.m.—2:00 p.m.

This year’s gardens include:

- Darlene’s Sunshine Garden—Darlene Botterbusch, 13th St. SE, Menomonie
  Reunion Garden (previously on the tour)
- Dave Micek Garden—Knapp St., Menomonie
- Doodle Bug Garden—Leo Schindler, 732nd Ave., Menomonie
- Garden Pathways—Martha Stewart, 14th St. SE, Menomonie
- Tainter Lake Shoreline & Gardens—Jerry & Kim Porter, Bill & Linda Olson,
  Dick & Marilyn Lamers, 836th Ave., Tainter Lake - Feature Garden

Also visit the GARDEN MARKET at Stepping Stones, 1602 Stout Rd. This year the
Garden Market will also be open Tues.-Fri. prior to the tour (June 25-28) from
10 am—4 pm. Items for sale will include: potted plants (like many you’ll see on the tour),
stepping stones, and t-shirts!

Advanced Tickets—$13, available at:
* Bobolink Nursery
* Bookends on Main
* Boyceville Public Library
* Farm House Café Gifts & Floral, Colfax
* Kyles IGA Market, Colfax
* Lakeview Floral & Gifts
* Season’s Harvest Greenhouse
* Stepping Stones’ Office

Day of Tour Tickets—$15, available at:
* Stepping Stones
* On site at all gardens on the tour

Children under 16 are free.

Lots of great door prizes!

And a Silent Auction!

Several gardens will have auction items including a copper garden trellis, a rototiller, a gift
certificate from Henderson’s Excavating, and a framed print by artist Don Austrum.

Tour at your convenience, rain or shine! Volunteers and gardeners will be on-site to
answer questions. Maps are provided with tickets and routes are marked. Start at any
garden, see as many as you choose. For full descriptions of each garden, visit
www.steppingstonesdc.org and click on the Garden Tour link.

2013 Garden Tour sponsors to date are listed on the website. The complete list will be in
the next newsletter. Thank you so much to the sponsors, gardeners, Garden Tour Commit-
tee, volunteers, and all who attend!

The proceeds raised will benefit the three programs of Stepping Stones: the Food Pantry,
the Stepping Stones Shelter, and the Community Connections Program.

Bread feeds the body, indeed, but flowers feed also the soul.
- The Koran

Where flowers bloom so does hope.
- Lady Bird Johnson
Stepping Stones’ News

Project SAM Update
Project SAM (Share A Meal) started this past fall at River Heights with 100 students receiving a bag weekend when school breakfasts and lunches aren’t Schools have since been added for a total of almost food were provided to children at risk of hunger also be available through Summer School.

Automatic Door Opener
Thanks to a grant from the Community Foundation of Dunn County Stepping Stones will soon have an automatic door opener at the Stout Rd. office entrance door.

On-Line Giving Now Available
Convenient, on-line giving through credit or debit cards is now an option for anyone wishing to contribute to Stepping Stones. A one-time gift may be made or monthly giving can be set up. Donors can designate to a specific program and note if the gift is in memory or honor of someone and if they would like an acknowledgement sent. Go to www.steppingstonesdc.org and click on the Donate Now link at the bottom of any page.

Welcome to New Staff & Board Members
Jane Redig is the new Community Connections Program Coordinator at Stepping Stones. Jane previously worked at Community Health Partnership and has been a longtime volunteer on the Stepping Stones’ Garden Tour Committee as well as a former board member. Chad Biggers, a new Stepping Stones’ board member, is a Stout student and former Stepping Stones’ intern. Thank you to out-going board member, Rich Yonko.

Attention Thrivent Members
Stepping Stones is now on the list of organizations which can receive Thrivent Choice Dollars®. Through this program, eligible benefit members of Thrivent Financial for Lutherans can recommend where Thrivent distributes part of its charitable funds each year. If you’re a Thrivent member and need more information, visit www.thrivent.com/thriventchoice, call 1-800-847-4836, or contact your local Thrivent representative. Thank you to all who have designat-ed funds to Stepping Stones already!

Wish List

For the Stout Road Building
- 2 heavy duty 8’ folding tables w/ hard plastic tops
- Utility cart (500 lb. capacity)
- Vacuum (commercial preferred)
- Large plastic storage totes w/ covers
- Garden hoses

For the Shelter
- Bed pillows
- 2 toasters
- Can openers (manual)
- Pot holders/oven mitts

For the Shelter & Pantry
- Personal care products
- Diapers, any size
- Eco-friendly cleaning supplies

Dog Walk & Wine
Tues., June 18th, 3-6 pm
Cottage Winery & Vineyard
N7391 Co. Rd. F, Menomonie

Enjoy wine on the patio with your “best friend” after taking a walk on the many mowed paths around the vineyard and countryside.

$5 per dog; limit 1 dog per person
www.cottage-wine.com

Proceeds to benefit Stepping Stones
See these and other beautiful spots on the Stepping Stones’ Garden Tour. Details inside the newsletter!

Thank you for your support of Stepping Stones.

Or Current Resident

Menomonie, WI 54751
1602 Stout Road

715.235.2350
info@steppingstonesdc.org
www.steppingstonesdc.org

We recently re-stocked all sizes. To purchase, stop by the Stepping Stones’ office any weekday.

Auction items accepted at Stepping Stones now through Feb. 25th. Anything valued at $20-$25 or above.
Stepping Stones’ “Legacy of Caring & Service”

Stepping Stones is pleased to acknowledge donors to its Capital Campaign.

The goals of the campaign were to purchase the property at 1602 Stout Road, construct and furnish a new building for the Food Pantry and Stepping Stones’ offices, and begin an endowment to maintain the facility for years to come. Most pledges to the campaign were completed at the end of 2012 or early this year. THANK YOU to one and all!

Foundation Stone
$25,000+

Harold & Ruby Halfin

Cornerstone
$100,000+

The Otto Bremer Foundation
The 3M Foundation

Keystone
$50,000+

Don Salisbury & Diane Morehouse

Gemstone
$5,000+

Paul & Bea Axelsen
Carl Casper
Barb & John Deutscher
(in memory of Janna Sue Deutscher & Ron Kohnke)
Scott Fasbender & Kyja Stygar
Bob & Jane Hoyt
(in memory of George MacDougall)
Tom & Barb Johnson
Marion & Warren Lang
(in honor of past, present, & future volunteers)
Julie & David McNaughton
Toni Poll & Charles Sorenson
Jane Redig & John Williams
(in memory of Margaret Redig & Martha Williams)
Randi & Phillip Steans
(in memory of Jim & Jini Solberg)
Donna & Bob Stewart

Capstone
$10,000+

Anonymous
Big Dot of Happiness
Cedarbrook Church
Cedar Falls Building Systems, Inc.
Dairy State Bank
First Congregational Church
Knights of Columbus
Doug & Ann Larson
Howard & Charlotte Lee
Luanne & Ron Prochnow
St. Joseph’s Parish
Rose Studebaker
WESTconsin Credit Union

Touchstone continued

Marilyn Fanetti
FFA-Menomonie High School
Susan & Pinckney Hall
Tom & Sara Herrmann
Mary Ann & Paul Hoffman
Esther Jeatran
(in memory of Robert Jeatran)
Roger & Sue Ann Jenrich
Family of Vern Richard Kenas
(in his memory)
Kurt Larson
Rob & Wendy MacDougall
David & Irma Jean Maves
(in memory of Alice Anderson)
Linda & Allen McIntyre
Menomonie Coop Spray Ring Inc.
Menomonie Market Co-op
Menomonie Sunrise Rotary
New Hope Lutheran Church
(in memory of Ing Melgaard)
Ellen & Fred Ochs
Our Savior’s Lutheran Church
Peace Lutheran Church Women
Red Cedar Medical Center
Helen & Bob Redlich
Mildred & Thomas Richards
Dan & Mary Riordan
Eva & Lloyd Rogers
Christine & Greg Ruth
Marshall & Janet Schaefer
Leland & Jill Schwebs
Denise & Brent Skinner
Zeron Smolarek
Bill & Jennie Stewart
(in memory of Shirley K. Stewart)
Talen Trust
John & Annette Taylor
James & Patricia Walker
Martha Wallen
Gladys Waller
Dave & Amy Whelan
Theodore & Emma-Lou Wiehe
Wisconsin Industrial Sand Co.
Debora Wright & Robert Horan
Marie Young
(in memory of Karl Young)
"Legacy of Caring & Service" Donors continued

Path Stone $500+

- John & Liddy Achter
- Anonymous
- Bill & Mary Ann Bailey
- Wayne & Colleen Barcus
- Ted & Linda DeZurik
- Carol Dobrunz
- Dennis & LuAnne Flick
- Kathy & Gary Gram
- Tom & Joan Bisson Harris
- Renee Howarton
- Joyce Kapszukiewicz
- Menomonie Lions Club
- Janet & Thomas Modahl
- Orville & Sylvia Nelson
- New Life Lutheran
- William Olson
- Brad & Amy Peterson
- Avis Ranney
- James & Margaret Ritzer
- Jack & Lois Sampson
  (in memory of Junior Dahms & Lois E. Sampson)
- Phil & Judy Sawin
- Derek & Suzanne Scammell
- Denise Sedlak
  (in memory of Bob Sedlak)
- Bob & Beverly Spinti
- Gerald & Emma Talen
- Hans Timper
  (in memory of Priscilla Timper)
- UW Stout - Chancellor’s Office
- Linda & Tom Walsh
- Larry Wieman
- Richard & Gretchen Yonko
- Xcel Energy (matching gift)

Stepping Stone continued

- Chippewa Valley Eye Clinic
  Community Health Partnership
  Team 1 (in honor of services provided to CHP members)
- Alice & Robert Connors
  (in honor of Marlys Garmer & the Garmer family)
- Ann B. Cook
- Helmer & Helenmae Debee
- Lois Debee
  (in memory of Richard Debee)
- Dunn County Highway Department
- Barb & John Deutscher
  (in honor of Pat & Roland Bushland)
- Francis & Violet Eiseth
- Friends of Florence Ellison
  (in her memory)
- Richard & Geraldine Ernst
- Michael Fairchild
- Julie Friberg
  (in memory of Margi Stauss)
- Glenn & Janice Gehring
- Michael & Jody Graese
- Ronald Grutt
- Susan & Pinckney Hall
  (in memory of Alvin Foster & George MacDougall)
- Peder & Linda Hamm
- James Hathaway
- Delores Hayes
- Allan & Carolyn Hilgendorf
- Lois Hoffman
- Heidi Hooten & Ted Stark
- Meredith Ingram
  (in memory of John W. Wood)
- Beth Jacobs
- Krista & Bill James
- Elna Johnson
  (in memory of Florence Ellison)
- Jerome & Ann Kirsling
- Kevin & Lynn Klatt
- Becky & Mike Kneer
- Janice & Marvin Kufahl
- Bryan & Debra LaVoy
  (in memory of Brad Waznik)
- Tom & Jane Larsen
- Richard Larson
  (in memory of Tami L. Larson)
- Diane Lee
- Frannta Lor
- John & Katherine Lui
- Joanne & Albert Madsen
- Siphewa Mainjeni
- Eino Maki
- Dick & Karen Martinson
  (in honor of Myrtle Hitz & Donna Stewart)
- Menomonie Middle School
- Emily & Gregg Moore
- Arthur & Judith Muller
  (in memory of Florence Ellison)
- Joyce Newton
  (in memory of Carl Newton)
- Alfred Olson
- Willard & Eleanor Olson
- Olson Funeral Home
- Kris Pawlowski
- PEO Chapter DD
- PEO Chapter DX
- Patricia Pernot
- Steven Peterson
- Dale & Andrea Phillipson
  (in memory of Florence Ellison)
- William Powell
- Preston Chiropractic Office
- Ed & Judy Ristow
- Linda Roth
  (in memory of Tony Forster)
- Salem Iron Creek Church
- Barbara Schumacher
  (in memory of Paul Schumacher)
- Jill & Leland Schwebs
  (in memory of Florence Ellison)
- Jody Slocum & Kurt Buetow
- Mary Solberg
- Eric & Tracey Sorenson
- Delores Sperstad
  (in memory of Ron Kohnke)
- Joanne Stairs
- Ted & Barb Stearns
- Leonard & Sharon Sterry
- Martha Stewart
  (in memory of Steve & Anita Hakes)
- Christine & Doug Stratton
- Brenda & Bill Swannack
- Ted’s Pizza
- Trinity Lutheran Church
- Joyce & James Uhril
- Unitarian Society of Menomonie
  (in memory of Willard Krantz)
- Greg & Kathy Weber
  (in memory of Fred Weber)
- Kathleen & Chuck Weber
  (in honor of James Harrington)
The Walmart Foundation does not contribute directly to capital campaigns but gave a grant of almost $35,000 for the walk-in freezer installation, the pantry freezer/cooler, and the warehouse floor scale.

Also a very big THANK YOU to all the VOLUNTEERS and special mention to the Andersen Corporation for all their assistance with everything from painting to clean-up to landscaping!

Gifts & Memorials to Stepping Stones

Since the last newsletter contributions were received in memory of:

John & Jean Alf from Steven & Ruth Alf
Ray Barlow from Ed & Lynn Laventure
Rachel Batchelder from Gladys Waller
Muriel Borchert from Gladys Block
Walter Bjornson from Gene & Mary Kunies
Mary Lou Bradford from Alice Evenson
Kim Hagen Chellman from Trudy Smelter
Don Clements from Helmer & Helenmae Debee, Alice Evenson
Dennis Danzinger from Ione Danzinger
Richard Debee from Lori Debee & Deb Gates
Elaine Dierauer from Roger & Anita Klamm
Ike Eiseth from Elizabeth Eiseth
Vivian Eiseth from Emilie Wiese
Hazel Engelnder from Wendelin & Winnifred Wolf
Ken Erickson from Duane & Marie Bauer, Tiiu Feirn
Louise Fairchild from Darlene Frank
Evelyn Frank from Alice Evenson, Gladys Waller, Emilie Wiese
Lucy Gates from Lori Debee & Deb Gates
Norma Gilberts from Cynthia Gilberts
Stephen Gunther (Susan Brenner’s brother) from Jane & Bill Butsic—correction from previous newsletter
Donald Hall from his family
Jack & Lucille Hammond from Tim & Connie Stevens
Virginia Hanson from Helmer & Helenmae Debee
Ray Hart from Betty & Si and Bob & Barbara Olson
Sylvester & Lillian Hilson from American Lutheran Home Auxiliary, David & Irma Jean Maves, Audrey Schneider
John Hitz from Gladys Waller

In memory of continued:

Richard Hoffman from Marian Hoffman
Fariba Jafari’s mother from Richard & Margaret Leventhal
George Jimos from Gladys Waller
Roy Johnson from Brenda Kado
Alyssa Klett from Wendelin & Winnifred Wolf
Terry Kochendorfer from Donald & Hazel Hintzman, Dona Shoemaker
Margaret Kramer from Margaret & Joseph Veilleux
Alice Lake from Dorothy Hardy
Donna Luer from Gladys Waller
Ruth Lynum from Jill Williams
Ray McIntyre from Juel Smith
Lavern & Ida Miller from Wendelin & Winnifred Wolf
George Olson from Dunn Co. Child Support Agency
Cheri Osborn from Bob & Laura Giede
Chet, Jay, & Jerry Pernsteiner from John & Karlene Pernsteiner
Rosalie Persons from Paul & Wendy Clark
Frances Ponto from Irvington Booster Club, Palmer Home-makers, Gladys Waller
Charlie Price from Tiiu Feirn, Jean Price
Eva & Lloyd Rogers from Pat Prichard
Ray Score from Robert & Audrey Gayhart
Robert Schmutz from GV Knippenberg, the Whinnery Family
Leone Schultz from Vivian Danielson
Merle Schultz from Gladys Waller
Gifts & Memorials to Stepping Stones

In memory of continued:
Paul Schumacher from Barb Schumacher
Gordon Smith from Gladys Waller
Rosie Solveson from Dave & Nancy Ponto
Robert Swanson from Shirley Melrose, Dan & Mary Riordan, Unitarian Society of Menomonie
Richard Talmage from Thomas & Judy Humpal, David & Irma Jean Maves, Irene Talmage
Vivian Tilseth from Dave & Nancy Ponto, Dona Shoemaker & Family, Lois Sipple
Jim Ulesich from Diane Bowman, Richard & Margaret Leventhal, John & Dute Rompala, Bill & Rose Mary Stoll
Richard Vos from the Bendel Family
Mary Weber from Gladys Waller, Keyes Chevrolet
Karen Williams from Toby & Marian Ellison
Ken Witte from Lanna Laird
Esther Wolbert from Gladys Waller
Wendelin Sr. & Sally Wolf from Wendelin & Winnifred Wolf
John Wood from Meredith Ingram
Sam Wood from Carol & James Gibb, Jeff & Alice Heinzen
Dora Wruck from Brenda Kado
Rick & Linda Zank from John & Barbara Deutscher

Since the last newsletter contributions were received from the following churches, businesses and organizations:
AgStar Financial Services
Beta Sigma Phi Preceptor Eta
Broadway Bowl
Cedarbrook Church
Chamber of Commerce Ambassadors
Christ Lutheran Church
ConAgra Foods
CURVES
Downsville Sportsman Club
Dunn County Area Retired Educators Assoc.
Dunn County Homemakers
Dunn County Tupperware Consultants
Erb Chiropractic
First Church of the Nazarene
Hay River Lutheran Church
Herbert H. Kohl Charities, Inc.
Manpower
Mayo Clinic Health System-Red Cedar
Menomonie Middle School FCCLA
Menomonie Sunrise Rotary
Menomonie United Methodist Church
Monkey Business Early Education Center
New Hope and Little Elk Creek Lutheran Church
New Life Lutheran
NRHH-UW Stout - Helmhut “Pookie” Albrecht Ch.
Oak Ridge Lutheran Brethren Church
Ohly Americas
Our Savior's Lutheran Church
Pallet Service Corporation
Palmer Homemakers
PCCW Menomonie St. Joseph
Preston Chiropractic
Royal Neighbors of America #3341
River Heights Student Council & PTO
SSG Holiday #59
St. Joseph’s Parish
Taco John’s
Thrivent Financial Choice Dollars’ Program
Trinity Lutheran
Unitarian Society
UW Stout Academic Honor Society
UW Stout Administration
UW-Stout AH & LA Chapter
Waterfront Bar & Grill
Women of the Moose Ch.682
S. H. Young & Associates

Thank you so much to all who chose to honor and remember friends, family, colleagues, and loved ones by gifts to Stepping Stones.
(If we have inadvertently missed anyone, please let us know and we will correct it next time.)

Since the last newsletter contributions were received in honor of:
Wendy Bjornson from Nancy Bjornson
Bremer Bank Customers from Bremer Bank
Antoinette Ciesielski from Anonymous
Dunn County Healthcare Staff from Neil & Marie Koch
Pope Francis from Anonymous
Their Grandchildren from Cork & Barb Spagnoletti
Greg & Cindy Kleindl from David & Amy Eitrheim
Gloria Kraemer’s birthday from Marv & Jan Kufahl
Bill & Sharon Miller’s 50th anniversary from Tim & Darcel Hafele
Dave & Marilyn Miller from OK & Bobbie Hedlund
Teresa Stein from Nancy Bjornson
Tori Stewart & Brad Drayna’s 1st anniversary from Bill & Jennie Stewart
Violet Waller from Mary & Gene Krueger

Garden Tour Sponsors will be listed in the next newsletter.
Work in a non-profit or any kind of human services field can be discouraging at times. Does what we do really matter? Does it make a difference to the community? Sometimes it seems like a case of ‘one step forward, two steps back.’ This has certainly been true in regard to Stepping Stones’ recent efforts to secure additional shelter space.

After almost half a year of meetings, the Menomonie City Council approved a zoning ordinance which says, in effect, it’s not okay to have a shelter on one side of our Stout Rd. building (in the house we hoped to purchase for this purpose) but it would be okay on the other side in our old building, which is in a different type of commercial zone.

To put it there, though, would require either major renovation or a new building, as well as displacing the United Way C3 Center which we don’t want to do. So, it’s pretty much back to square one on that issue. Meanwhile, there has been an ongoing waiting list all year for families who are temporarily homeless and need the services of our program that will help them find permanent housing and get back on their feet.

Of course we will look for other properties, but the Council also decided that any place we want to consider will require a hearing and approval from the Zoning Board of Appeals—even commercial zones, against the recommendation of the Plan Commission. Just in case anyone doesn’t want ‘those people’ in their backyard, the Council apparently wants to make sure they’ll have the opportunity to say so.

‘Those people’ would be individuals and families who’ve possibly experienced job loss or illness, divorce or disaster—something that’s caused them to need a helping hand, a stepping stone. They are any one of us or our friends or family members who could be one or two paychecks away from similar circumstances.

Fortunately, Stepping Stones is blessed with dedicated and gifted staff who don’t give up easily. The day after the City Council meeting, Shelter Coordinator Heidi Hooten posted the following on her Facebook page:

I realized in the middle of the night that I could either focus on the fact that it will be difficult for us to get another shelter space without a lot of hoo-haw, or I could lie there and think about the big hug I got yesterday from the 18 yr. old I helped house; or the dear former client who calls me once a month to let me know he’s thinking about me; or the little boy whose family I do case management with who calls me Miss Heidi, dances in my office and eats all my candy; or the hundreds of other kind, funny, sweet people I’ve met in this job.

It’s important to maintain perspective but not always easy. Not long ago I asked a friend who’s very active politically how he manages to keep working for change. He replied:

I do very concrete things where I can see the results of my labor—watching veggies grow and eating them; cutting, splitting, and heating with wood. Also, after a lot of red wine and eggplant parmesan for dinner, I will descend to the screen porch and listen to the crickets with no other background sound.

Can’t beat that for great advice!

Earlier this summer there were these words from another friend addressed to Stepping Stones’ staff and board chair:

Know that your base, and there are many, many of us, continue to support the shelter you envision.

The issue the community continues to face is the pressing need you have made so very clear: to provide a place for homeless individuals and families that offers shelter and security—a place to take care of meeting basic needs and to connect to a supportive community.

You have raised awareness across the community on so many levels—a very important foundation for future plans. Thank you again for all you do day to day for all of us.

These words kept us going through a few more meetings!

Many of you who will read this are a part of the base this friend mentioned. You are our volunteers and donors, partners and advocates. Thank you for that support and for wanting Stepping Stones to continue to make a difference in the lives of the people we serve and in this community. We will keep on keeping on, and we hope you will, too!

—Katherine Dutton
Stepping Stones Director
Stepping Stones’ News

Project SAM
Project SAM (Share A Meal) is up and running for the school year. Almost 350 bags of ready to eat and easy to prepare food are being provided to children at risk of hunger on the weekends. The bags are packed by volunteers at Stepping Stones and distributed at Menomonie elementary schools. This fall Downsview and Mound View in Elk Mound were added and Knapp will also be starting soon.

Free Health Clinic
UW-Stout Pre-Health students are once again holding a health clinic at Stepping Stones. Services provided include: heart rate & blood pressure checks, body mass index calculation, and health & nutrition counseling. Services are confidential, free of charge, and open to clients, volunteers, and the general public. Clinic hours are: M, Th, F—11 am-1 pm, Tu—3-5 pm, W—4-6 pm, Sat—10 am-12 noon. Stop by!

Attention Thrivent Members
Stepping Stones is now on the list of organizations which can receive Thrivent Choice Dollars®. Through this program, eligible benefit members of Thrivent Financial for Lutherans can recommend where Thrivent distributes part of its charitable funds each year. If you’re a Thrivent member and need more information, visit www.thrivent.com/thriventchoice, call 1-800-847-4836, or contact your local Thrivent representative. Thank you to all who have designated funds to Stepping Stones already!

Thanks to Farmers’ Market Vendors!
This year Stepping Stones is doing ‘food rescue’ at the Menomonie Farmers’ Market. Volunteers with a pick-up (we love you!!) park at the market the last half hour it’s open and receive any produce, bakery, etc. that vendors want to donate. Their surplus becomes our bounty in the food pantry. Over 6,000 lbs. has been collected.

Hunger Fact
12% of people in Western Wisc. are food insecure. This means that 1 in 8 people, at times, lack access to enough food for an active, healthy lifestyle. Single parents, children and the elderly are hit especially hard.

Bushels of Thanks
People who visit the pantry are so happy to receive fresh food! We greatly appreciate all the gardeners who have donated produce to the pantry this summer and fall.

Special thanks to those involved with the Community Garden and the Jail Garden which have dedicated plots to the food pantry.

Wish List

For the Stout Road Building
- Utility cart (500 lb. capacity)
- Vacuum (commercial preferred)
- Large plastic storage totes w/ covers
- Snow blower (medium size, 2-stage, min. 7-8 horsepower)

For Winter Haven Shelter Guests
- $10 gas cards
- Burger King gift cards

For the Shelter & Pantry
- Personal care products
- Diapers, any size
- Eco-friendly cleaning supplies
Winter Haven Warming Shelter

When the Stepping Stones’ Shelter is full, the warming shelter is a place for people to go to get in out of the cold at night. It will once again be hosted by St. Joseph’s Church and will be open mid-November through March. How can you help?

**Spread the word and volunteer!**

There are 2 volunteer shifts per night—8:45 pm - 2 am & 2 am - 6:30 am.

New volunteer trainings are being held:

- Saturdays, Oct. 19 or 26, 9 a.m.-noon, or Thurs. Oct. 24, 6-9 p.m.
- Update meeting for returning volunteers: Mon., Oct. 21, 6-8 p.m.

Please contact Stepping Stones Shelter Coordinator Heidi Hooten (715.235.2920, x6, shelter@steppingstonesdc.org) with questions or to let her know of your interest.

Best Waffles Ever!

The Waffles were just as good as ever at the annual Dunn Energy Co-op Breakfast.

Over 1300 food items were collected for the pantry as well as financial contributions.

co-ops for keeping the tradition going!

CROP Walk, Rock & Roll

Thanks to all walkers, rockers, bikers, volunteers, and sponsors who participated in this year’s CROP Walk on October 13th. CROP stands for Communities Responding to Overcome Poverty. 25% of proceeds from the walk supports the Food Pantry and the remainder helps address hunger needs around the world.

Stepping Stones’ Discount Cards

The Stepping Stones’ Discount Card (similar to the M Card) offers savings at a variety of businesses and restaurants around town.

$10 each—stop by the Stepping Stones’ office to purchase the cards or order them using the slip below and the enclosed envelope.

All proceeds support the programs of Stepping Stones: the food pantry, homeless shelter, and Community Connections’ support services program.

Thank you to the following businesses offering savings on the Stepping Stones’ Discount Cards

- Acoustic Café
- Advance Auto Parts
- Cancun Mexican Grill
- Cedar Country Coop (Cenex)
- Dairy Queen
- Denny’s Restaurant
- Exit 45 Restaurant
- Lakeview Floral & Gifts
- Legacy Chocolates
- Little Caesars Pizza
- Menomonie Family Restaurant
- The Abbey Pub & Grub
- Toppers Pizza
- Waterfront Bar & Grill

STEEPING STONES’ DISCOUNT CARDS ORDER FORM

**Please send me _____________ Discount Cards at $10 each. **     **Total enclosed: $ ______________**

**Name:** ____________________________________________________________________________________________

**Address:** __________________________________________________________________________________________

**City:** ____________________________  **State:** ____________  **Zip:** ____________________________

**Phone:** ____________________________  **E-mail:** ____________________________

END:
Please join us for this powerful film . . .

50 Million Americans—1 in 4 children—don’t know where their next meal is coming from. *A Place at the Table* tells the powerful stories of three such Americans, who maintain their dignity even as they struggle just to eat. In a riveting journey that will change forever how you think about people who are hungry, *A Place at the Table* shows how the issue could be solved forever, once the American public decides, as they have in the past, that ending hunger is in the best interests of us all.

Free & Open to All
Sunday, Nov. 10, 2013, 12:30 pm
UW-Stout Great Hall
Memorial Student Union

Non-perishable food items will be collected for the Stepping Stones’ pantry.

Thank you for your support of Stepping Stones.

Or Current Resident

1602 Stout Road
Menomonie, WI 54751
info@steppingstonesdc.org
www.steppingstonesdc.org
Gifts & Memorials to Stepping Stones

Since the last newsletter contributions were received in memory of:

Maxine Abrams from LeAnne Johnson, Bruce Olson & R. Marie Anderson, Dave & Amy Whelan
Al Andraschko from Ethel Frank
Stan Andrews from Tricia Aspen, Christy Hoyt, Daryl Jones, Ronald & Leola Peshaw, Marilyn & Eldin Stevens, Bill & Jennie Stewart, Joleen Wiemann, John & Nancy Zavodny, other family & friends
Ray Barlow from Florence Barlow
Juanita Bates from Steven & Cindy Bates
Ted Beguhn from Ethel Frank, David & Irma Jean Maves
Faith Berglund from Diane Morehouse
Dick Bilse from Vada Husby, Jeanne Sprader
Marvel Borden from Chuck & Helenmae Debee, David & Irma Jean Maves
Joan Branch from Ethel Frank
Tom Buckley from Susan & Theodore Hoyt, Jeanne Stevenson
Sharon Buss’ mother from Dave & Amy Whelan
Jim Chrestison from James & Jeanette Daines
Donald Cook from Ann Cook
Jack Damro from Richard Damro
Dick Debee from Lois Debee & family
Dorothy & Nelson Deming from Debra Cady
Carol Dobrunz from Thomas & Janet Modahl
Janna Sue Deutscher from John & Barb Deutscher
Tick Drake from Kenneth Drake
Eva Erpenbach from Helenmae & Helmer Debee
Barbara Gabrielson from Duane & Barbara Jacobson
Dick Gardner from James & Janeene Gellerman, Dan & Mary Riordan
Kenneth Garske from James & Mary Ann Bilse
Lucy Gates from Lois Debee
Roger Gilbertson from Peter & Emilie Wiese
Donald Hall from Rose Hall
Terri, Diane, & Joanne from Vern & Ruth Hanson
Evelyn & Bernard Heymann from Thomas & Lenore Heiman
Marian Hoffman from Ann & Archie Abbott, Gloria & Richard Berger
Marilyn Hoyt from Peter & Emilie Wiese, Robin Zelm
Correne Husby from Helmer & Helenmae Debee, Francis & Violet Eiseth, Toby & Marian Ellison, Ethel Frank, David & Irma Jean Maves
Bill Jacobson from Duane & Barbara Jacobson
Peg Jensen from Dave & Nancy Ponto
Waldemar Jensen from Dave & Nancy Ponto
Dave Johnson from Bonnie Anderson, Dave & Irma Jean Maves, Ann Mense, Dave & Pat Reisinger, Lois Sipple, Jeanne Sprader
James Johnson from Bonnie Anderson, Elizabeth Eiseth, Ronald & Joan Nancy Meier, Ann Mense, Helen Metten-Johnson, Genevieve & George Murphy, Lois Sipple

In memory of continued:

Sandra Keeley from Dick & Debbie Erickson, Doug & Angela Erickson, Ron & Toni Erickson, Wilma Erickson, Trudy & Brian Mattison
Ghodsi Kermani from Ruth Gilbertson, Jafar & Fariba Jafari
Dodie King from Brenda & Duane Kado
Buck Kistner from Shirley Kistner
Ray Klamm from Roger & Anita Klamm
Arlene Klatt from Tom & Ann Anderson
David Klawiter from Larry Klawiter
Rev. Roger Knight from John & Barb Deutscher
Delores Kongshaug from Brenda & Duane Kado
Sam Leche from Brenda & Duane Kado
Alfred Lewis from Brenda & Duane Kado
Richard Long from Sandra Long
Lawrence Michelbook from RoseMary & William Stoll
Susan Minter from Arthur & Barbara Brandt, Craig & Sharon Fromoe, Fox Cities Performing Arts Center, Tom & Judy Humpal, Maria Van Lannen
John G. Mitchell from Martha Wallen
Mabel Morse from Kenneth & Carolyn Homer, Allen & Sherry Otto, Dave & Nancy Ponto, Lois Sipple, Jeanne Stevenson
Bruce Myers from ConAgra Foods
Bonnie Nielsen from Roger & Candy Amick
Marge Norris from Jacq & Lyn Collins, Mike & Becky Kneer, Patrick & Jan Pesek-Herriges
Kevin Oppriecht from Peter & Emilie Wiese
Paul Paulson from Mary & Paul Zwyygart-Stauffacher
Jeanne Polasky from Joan Polasky
Frances Ponto from Rose Ann & Louis Husby
Margaret Redig from John Williams & Jane Redig
Larry Rhead from Lynn Buckley & Lynda Buckley Bundy, Lois Rhead Debee, Bob & Judy King, Doug & Ann Larson, Earlyne Young
Gifts & Memorials to Stepping Stones

In memory of continued:
Susan Rhead from Lois Debee
Toots Rhead from American Edge Real Estate Services, Lois Debee, Lori Debee, Deb Gates, Mary Ellen Marquardt, Luanne Prochnow, Donna & Kurt Rudinger
Mildred Richards from Warren & Marion Lang
Wm. “Ted” Richartz from Graydon Richartz
Lois E. & Lois I. Sampson from Jack Sampson
Tony Schuler from Warren & Marion Lang
Lillian Schultz from Dave & Nancy Ponto
Liz Schultz from Alice Evenson
Chuck Sletner from Lois Sipple
Norma Smeltzer from Barb Gorman, Rod & Trudy Smeltzer
Al Sprader from Mary Howard
Odell & Peggy Stevens from Kathy Werner
Shirley K. Stewart from Bill & Jennie Stewart
Robert Swanson from Gary & Carol Mooney
Doug Swenby from Dave & Nancy Ponto
"Doc" Tiller from Twila Tiller
Norman Tritz from Jerome & Ann Kirsling
Jim Ulesich from Jon & Martha Hove, Annette Taylor
All Veterans from VFW Post 1039
Edith Weber from Betty & Simon Olson
Lorraine “Rainie” Wedam from Rose Ann & Louis Husby, Palmer Homemakers
Ken Witte from Dennis & Carol Prochnow Family
Jerry Wolf from Lesla Ojeda
John Wood from Meredith Ingram
Rob Wyss from Darlene Frank, Betty & Simon Olson
Their Parents from Gerald & Karen Zimmerman
Harry Zitelman from Helmer & Helenmae Debee, Lanna Laird, Janet Zitelman

In honor of continued:
Their Grandchildren from Jan Hare & Carrie Nelson
Harold Halfin’s 90th birthday from June Grambo, Marvin & Janice Kufahl, Yvonne & George Nelson
Beata Haug from Dunn County Human Services
O.K. & Bobbie Hedlund from Betty & Simon Olson
Shirley Hegveted from Peggy Terry
Joyce Kapszukiewicz from Margaret Parker
Gloria Kraemer’s 80th birthday from Lois Debee
Midge Larrabee’s 90th birthday from Lynne & Dick Quilling
Jack, Olivia, & Joey from Leipnitz Dental Clinic
Diane Mercil from Jan Jordan
Sharon Moseler from Lloyd Drossart
Richard Navarre’s 80th birthday from Marv & Janice Kufahl
Peace Lutheran Church from Dave & Amy Whelan
Pounding Fathers Robb Wilson & Hank Thomas from Don Roberts & Joni Cash
School Children & their Families from Beata Haug
Jack & Marlys Sampson’s wedding
Her Family Reunion from Sue Schrader
Wilbur Smith’s 100th birthday from Darlene Frank
All Veterans from VFW Post 1039
Violet Waller from Mary & Gene Krueger
Evelyn Weiss from John & Judy Jax
Robert Werner’s 90th birthday
Pr. Dave Whelan from Ann & Archie Abbott, Helmer & Helenmae Debee, Marvin & Janice Kufahl, Peace Lutheran Church-Men of Peace, Bruce & Patricia Schmiling, Wendelin & Winnifred Wolf

Since the last newsletter contributions were received in honor of:
Alvin & Lorayne Baldus from Deborah McGrath
Nick Bresson from Karen Flug
Cardinal FG’s Easter Egg Hunt from Kathyrn & Peter Bechel
Wendy Dittmann & Bill Porter’s 40th anniversary from Adrienne Harmston, Beth Ann Jacobs
Toby & Marian Ellison’s 50th anniversary from Gary & Carol Gienapp
Shannon, Thomas, Jerad, and Brandon from Dick & Jeri Ernst
Pope Francis from Anonymous

Since the last newsletter contributions were received from the following businesses, churches, and organizations:
Architectural Design Group
Beta Sigma Phi Preceptor ETA
Bremer Bank
Cedarbrook Church
Chippewa Valley Parrothead Club
Christ Lutheran Church

Thank you so much to all who chose to honor and remember friends, family, colleagues, and loved ones by gifts to Stepping Stones.
(if we have inadvertently missed anyone, please let us know and we will correct it next time.)
**Gifts to Stepping Stones**

**Businesses, churches, and organizations continued:**
- Colfax Ladies Golf League
- ConAgra Foods
- Cottage Winery & Vineyard
- Dunn County Farm Bureau
- Dunn County Retired Educators Association
- Erb Chiropractic
- Express Employment Professionals
- EZMoney
- Fairmount Minerals
- Gentle Dental Care
- Gluck Family Limited Partnership
- Hoeft Builders
- Iron Creek United Methodist Women
- Jackie Hunt State Farm Agency
- Lentz Fertilizer, Inc.
- Liberty Christian Center
- Menomonie Country Club
- Menomonie Lions Club
- Menomonie United Methodist Church
- Moose Assoc. Dist. 7
- New Hope Lutheran Church
- New Hope Women
- New Life Lutheran Church
- Oak Ridge Lutheran Brethren Church
- Our Savior’s Lutheran Church
- Pallet Service Corporation
- Peace Lutheran Church
- Phillip Steans, S.C.
- Preston Chiropractic Clinic
- Rock Elm United Methodist Church
- Royal Credit Union
- Royal Neighbors of America #3341
- Rural Insurance
- S/S/G Holiday #59
- St. Paul’s Lutheran Church Women
- St. Joseph’s Parish
- Thrivent Financial Chippewa Valley Ch.
- Trinity Lutheran
- Unitarian Society of Menomonie
- USDA- Rural Development
- Vets Plus, Inc.
- VFW Post 1039
- Waggin’ Tales
- Waznik Moseler Group
- WESTconsin Credit Union
- Women of the Moose #682

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**Gifts of Food**

So many people and places donate food and personal care products to the pantry that we’re unable to list everyone, but we are trying to highlight some places that make large or regular donations or have special food drives. If we accidentally miss a business or group please let us know and we’ll be sure to include it the next time we list food donations. Some donors to the pantry so far this year are:

3M Club
Acoustic Cafe
Aldis
Alliance Church
American Structures
Boy Scouts of America (annual Spring food drive)
Branches Church
Bremer Bank
Brownie Troop 3309
Cardinal
Caribou
Cedarbrook Church
Christ Lutheran Church
Colfax Comets 4-H
Cook Distributing
ConAgra
Countryview Greenhouse
Dunn County 4H
Dunn Co. Area Retired Educators Association
Dunn County Farm Bureau
Dunn County Fish & Game
Dunn County Humane Society
Dunn County Jail Garden
Edstrom’s Garden
Elk Mound Schools
EZ Money Payday Loans #46023
Faith Lutheran Church
First Church of the Nazarene
First Congregational Church
Girl Scout Troop 3046
Grace Episcopal Church
HappY Grandparents Model Railroaders
Holy Trinity Lutheran Church
Iron Creek Church VBS
Lammers Foods
Marketplace Foods
Mayo Health System - Red Cedar
Menomonie Area Chamber of Commerce

**Food continued:**

- Menomonie Schools Food Service
- Menomonie Farmers’ Market
- Menomonie Market Food Co-op
- Menomonie Rotaries (Kids Against Hunger Meals)
- Menomonie United Methodist Church
- Midwest Dental
- Moose Assoc. Dist. 7
- National Association of Letter Carriers (annual Post Office food drive)
- Nature Valley Bike Race
- New Hope Lutheran Church
- Oakridge Lutheran Brethren Church
- Our Savior’s Lutheran Church
- PAWS of St. Croix Cty.
- Peace Lutheran Church
- Phillips Plastic
- Probiotic Smart
- Red Cedar Speedway
- River Heights Stuff the Bus
- Rural Insurance
- St. Henry’s Church
- St. John’s Lutheran Church
- St. Joseph’s Parish & School
- St. Paul’s Lutheran Church
- Soldier Trucking
- Sylvan Farms
- Tainter United Methodist Church
- Thrivent Financial Chippewa Valley Ch.
- Tri-Mart Corporation
- Trinity Lutheran Church
- Unitarian Society of Menomonie
- USDA- Rural Development
- UW Extension Community Garden
- UW Stout Academic Honor Society
- UW Stout Counseling Services
- UW Stout Food Service
- UW Stout Student Health Services
- Vagabond Bakery
- Vets Plus, Inc.
- Waggin’ Tales
- Wakanda Park
- Walmart Super Center
- Walmart Distribution Center
- Waznik Moseler Group
- Wendy’s Restaurant
- WESTconsin Credit Union
Thank You to All who Attended, to the Volunteers, & to these Sponsors of the Stepping Stones’ 2013 Garden Tour!

Iris Level
Anonymous
Bremer Bank
Hybben Photography
Bill, Jennie & Tori Stewart in memory of Shirley K.
Stewart & George Johnson
Lynn Nehring in memory of Ellen Isakson
Janet Harvey
Luanne & Ron Prochnow
Marilyn Fanetti
Northern Wisconsin Hosta Society
PI Math Tutoring
Royal Credit Union
Walmart Distribution Center
John Williams & Jane Redig in honor of West Wisconsin
Pax Christi Peace Group

Lily Level
3M
Tom & Leslie Cervenka in memory of Dane Morey
Dennis & Antoinette Ciesielski
Martha Stewart
Skinner Law Firm, LLC
Whitetail Organics
Wisconsin Industrial Sand Company, LLC

Trillium Level
Alpha Tau Women Educators
Bobolink Nursery, LLC
Bookends on Main, LLC
Colfax Arts and Antique Mall
ConAgra Foods
Cottage Winery & Vineyard
Don Austrum
Henderson's Excavating & Landscape
Heritage Builders
Jack, Leslie & Esther Jeatran
Jane & Greg Corning
Junction Liquor in memory of Anne Micek
Kyle's IGA Market
Lakeview Floral and Gifts
Lynn’s Brewed Awakenings Coffee Shop
Menomonie Home Furnishings
Ruth Morey in memory of Dane Morey
Mary and Gene Schlosser
Peoples State Bank
Phillip Steans
Season's Harvest Greenhouse
Steve Bird
The Core Of Menomonie: Dana Cowan—Clemona
& Jen Zech—Healthful Solutions

Sweet Pea Level
Boyceville Public Library
Cenex-Colfax Farmers Union
Charles & Kathleen Weber
Chippewa Valley Bean Company
Colfax Dental Wellness Clinic
David & Karen Williams
Edstrom’s Garden
Farm House Café, Gifts and Floral
Kevin Sipple
Marie Young
Marion & Warren Lang
Menomonie Market Food Co-op
Menomonie Turf & Timber
Stout Ale House

Mark your calendar for next year’s Garden Tour:
Saturday, June 28, 2014
Feature Gardens will be the Dunn County Jail Garden & the Community Garden.
And, of course, there will be beautiful residential gardens as well!